

**INSTITUT
CELESTÍ
BELLERA
EXPERIENCE**

PORTUGAL 2015

ERASMUS +



A DAY

IN CLASS

We stayed there one week more or less, and one of these days we went to our partner's class. Some Spanish went to Biology or Portuguese classes. In my case, I went to a math class. They were coursing the same grade as us, so we understood all. I was surprised by the way they do the classes and how the teacher teach them, although it was very different compared with us. I felt very comforted and as the Portuguese is very similar with the Spanish, it made me easy understood what they were saying. It was an experience that I would never forget and that I would like to repeat next year if I have some opportunity. Finally we met all the Portuguese people and all the Spanish people and we went to have dinner together. We enjoy it too much and we will never forget it.

GYMKHANA IN

THE CENTER OF LISBON

On one day we did a gymkhana in the center of Lisbon. We played in groups of eight people from mixed nationalities, including our portugueses correspondents. Each group recieved a different dossier with various clues and activities that led to an itinrerary. One of them involved buying a postcard, another one involved taking selfies so as

to remember that we had been in a certain place and another one involved entering a bar and asking the bartender how many people could possibly fit in the establishment, etc. During this activity we saw some of the attractive sides of Lisbon, ending with a square (Praça do Comércio) on the sea side.



The team that did the itinerary in less time and had the most correct answers won a T-shirt with the Erasmus + logo! It was a very fun and participative way of getting to know the capital of Portugal, and to know more among us too.

THE ORIENTATION

RACE!

When we were in Portugal we made a lot of interesting activities; for example, one of them was an orientation race. The game was about trying to find different objects hidden at the school's playground. We gathered ourselves in teams of different nationalities, it was really fun! With a map on our hand, we had to follow the best way to arrive at the place where they were hidden. Sometimes it was difficult, but finally we

could find them all! I think that with these kind of activities we can know new cultures, strength the relationship with our friends and meet new people.



PRESENTATIONS

Before the trip to Portugal, in groups, we made a video which had a relation with bullying and cyberbullying. As soon as we arrived, along with all the other students in other European countries that also participated in the Erasmus+ and all the teachers who accompanied us, we met in a classroom of the school that our partners attended and exposed our projects. We all worked hard on it and we were really excited to show it to our companions. It was a really gratifying experience where we could appreciate what we thought about this problem called bullying that is trying to be treated and removed nowadays but it is still happening in a lot of schools. We hope that Erasmus+ help to make the bullies think about what are they doing and finally stop.

FRIENDS FROM OTHER PLACES OF THE WORLD

We did a lot of amazing experiences with new friends from other places and cultures, friends and families that we will never forget. We leave Portugal with more friends and meeting some good people of Portugal who has our family for a few days. We will remember forever the time and experiences that we spent together.



CRISTO

REY

The first visit that we did, was in Lisbon in Cristo Rey sculpture. We arrived there by bus with all the other Erasmus people.



We were to reach us in Cristo Rey, we were crossing a very long bridge. In this sculpture we were climb to the top and we could see every city. In general we liked go to the Cristo Rey and we had a great time.



Three of us when we were on the top of the tower.

THE IMMENSITY OF THE OCEAN

One of the days of our stay in Portugal all of us visited a small and typical beach of Portugal, bathed by the Atlantic Ocean.



That day we walked along the seafront in the mountains and during it we could appreciate the deep blue of the sea sailing the horizon, one of the greatest views that we could attach to our memories.



We also walked to the top of the mountains. There was a viewpoint where we could feel the bravery of the water on the encounters of it with the cliffs. Both experiences were really nice to our senses.



SINTRA

I can remember the day that we went to Sintra, a small town and municipality in the Grande Lisboa subregion. We got off the bus in the historical centre of the town, and we could immediately see that it wasn't a normal town, first of all because the houses were painted with different colours (like blue, pink, yellow or orange) that we are not used to see, and secondly because we were on the mountain and the views were spectacular!



After that, we had the pleasure to ride on a mini train that travelled the whole town being able to enjoy every piece of it. When we finished that, we went to a park for having lunch and rest a bit. Near of this park, at the top of the mountain, there is The Castle of the Moors, which we were able to see. Finally, we had time to visit the town for ourselves, buying some souvenirs for the family or drink something with our mates until the bus arrive to pick us.

SINTRA CASTLE

The "Castelo de Sintra" is huge castle constructed in the city of Sintra. We have a nice time because we went with our friends to see the incredible views over there. Especially when we go up the mountain by a narrow lane sightseeing the great views over the top of the mountain.

In addition, while we were walking up, an enjoyable music was being played by someone. When we arrive to him, we saw a man playing the flout with a gentle rhythm, that, combined with the birds singing around, the place became a fantastic location to enjoy the nature

and great music. When we arrive to the top of the mountain, we saw the castle, a huge extremely big castle.

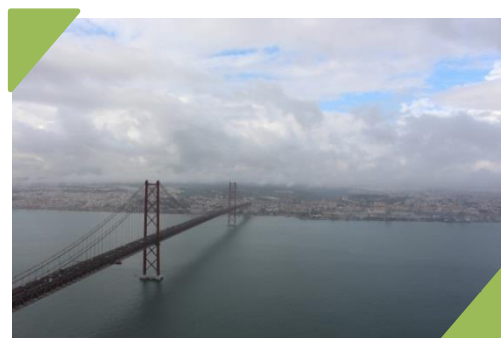
Nevertheless, the only problem was that you must pay to enter. Even without taking a look to the inside of the castle, the view was awesome and full of live. Many people was there waiting their turn to enter to the castle



Then we go down again, stopping in some strategy places to enjoy the views over there for 15 minutes. Then we finally arrive to the park, where our journey begins.

OUR WEEKEND

The weekend, everyone was with his corresponding family and we spent two days doing activities together. My portuguese, proposed me to go to Lisboa for a walk and to watch the city



calmly. This time, he invited me to go with boat crossing the Tajo river. For him, it was something quite normal. He told me that when his parents couldn't take him by car to Lisboa, usually he go alone in boat.

For me, it was interesting to see people waiting for the boat as if it were a bus. Well, once I had already in the boat, I understood that it was a very comfortable way to travel. When we arrived in Lisboa, the portuguese took me to my main streets and most beautiful places while he told me the most important things about them. It also took me to see the bars, shops and places he used to go.

As we walked, we saw the typical yellow trams of Lisbon.



The houses were old but with charming air, which make the city a pleasant place to live and to lose yourself in a sunny day.

SPECIAL DESSERTS

We also had the chance of knowing the Portuguese culture through its

gastronomy. We could taste traditional meals such as "Bacalhau à Brás", that consisted of cod, some olives, onion... Personally, this plate surprised me a lot, because before doing the exchange people told me that in Portugal was so typical finding infinity of recipes made with cod. This fact frightened me, because I don't like at all fish and I thought that eating the "bacalhau" would be so bad to me. Nevertheless, I have to recognize that it was A-M-A-Z-I-N-G! Yes, I put it with capital letters because the skill of Portugueses deserves that! I have to recognize that it was a very satisfying surprise.

A part from "bacalhau", we had the chance of tasting delicious desserts as "serradura" (basically made with cookies, cream and condensed milk), another one that was extremely sweet ("baba de camelo") and also the famous "pastel de nata". We hope that we can come back to be fed as good as we were during that week!



A part of our group before eating and tasting for the first time the famous "pastel de nata"

LAST

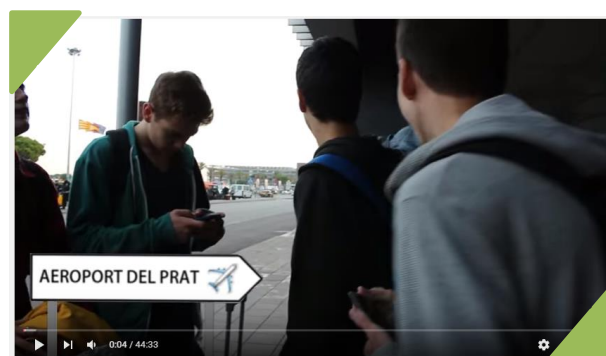
DINNER

Last dinner together The last day we had a dinner together. Where parents of each family prepared a different meal and in the dinner we could keep trying different foods. It was fun, the teachers put music and we're dance together, also teachers. When it finished we were a little sad because it was the last night we were together and some people cried, but nevertheless we pass a great time, it was fun and we enjoyed several meals.



This video will be a summary of all the activities that we did during that week but also a video that only we, will be able to remember all the experience that we lived.

This video is uploaded in a Youtube channel. If someone wants to watch it, you only have to enter to this link in: <https://youtu.be/NRBUrgrXODA>



VIDEO

EXPERIENCE

Finally, when we returned at home (Granollers, Catalonia) we put in common all the videos that we recorded while we were in Portugal and with the help of some students, we edited a video which explains and has images of all the week that we were there.